

Mana Saraghi, D.M.D.

Education:

08/2003-05/2006	B.A.	New York University (Biology – Summa Cum Laude, GPA 3.95)
08/2006-05/2010	D.M.D.	University of Pennsylvania (Summa Cum Laude, GPA 3.91)

Postgraduate Training:

01/2011-12/2012		Residency Certificate in Dental Anesthesiology, New York City Health and Hospitals Corporation, Jacobi Medical Center In affiliation with Albert Einstein College of Medicine, Bronx, NY
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Professional Employment and Hospital Appointments:

08/2010-12/2010		Private Practice, General Dentist
01/2013-12/2013		Instructor of Dental Anesthesiology, Department of Periodontics, Division of Pediatric Dentistry, Department of Oral and Maxillofacial Surgery. University of Pennsylvania School of Dental Medicine, Philadelphia, PA
01/2014-Present		Private Practice, Dentist & Anesthesiologist
05/2015-Present		Clinical Assistant Professor, Division of Endodontics, Orthodontics and General Practice Residency. Herman Ostrow School of Dentistry of University of Southern California, Los Angeles, CA
08/2015-08/2018		Attending Dentist Anesthesiologist, St Barnabas Hospital, Bronx, NY
02/2016-06/2016		Attending Dentist Anesthesiologist, Interfaith Medical Center, Brooklyn, NY
10/2016-Present		Director, Dental Anesthesiology Residency Program Jacobi Medical Center, Bronx, NY
07/2017-Present		Assistant Professor, Albert Einstein College of Medicine, Bronx, NY
11/2017-Present		Adjunct, Touro College Manhattan Campus, Physician Assistant Program, New York, NY

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Board Certification:

06/2014- Present	Diplomate, American Dental Board of Anesthesiology (ADBA)
07/2014-Present	Diplomate, National Dental Board of Anesthesiology (NDBA)

Professional Society Membership:

American Dental Association, 05/2010-Present
American Society of Dentist Anesthesiologists, 05/2010-Present
American Dental Society of Anesthesiology, 05/2010-Present

Awards and Honors:

07/2014	Fellow, American Dental Society of Anesthesiology
06/2012-12/2012	Chief Resident, Dental Anesthesiology Residency Program, Jacobi Medical Center
05/2010	University of Pennsylvania School of Dental Medicine: Achievement Award in Pharmacology and Therapeutics
05/2010	David L. Drabkin Prize for Research in Biochemistry
05/2010	American Association of Oral and Maxillofacial Pathology Award
05/2010	Abram Cohen Award for Periodontics
09/2009-05/2010	Clinical Honors Program, Medically Compromised Clinic, University of Pennsylvania
12/2009	National Board Dental Exam Part II – Honors
08/2008	National Board Dental Exam Part I – Honors
07/2007	Honors Anatomy Dissection & Presentation
09/2007-05/2010	University of Pennsylvania, Tutor (Biochemistry, Pathology, Pharmacology)
05/2009	University of Pennsylvania, Teaching Assistant (Adjunctive Orthodontics)
08/2006-05/2010	Dean's Scholarship, University of Pennsylvania School of Dental Medicine
05/2006	Phi Beta Kappa Honor Society
05/2006	NYU Founder's Day Award
08/2003-05/2006	NYU Presidential Honors Scholarship Program
08/2003-05/2006	NYU, Dean's List
08/2004-05/2006	NYU, Dept. of Chemistry, Teaching Assistant (General and Organic Chemistry Lab)

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Professional Activities:

National Committees:

Commission on Dental Accreditation Site Visitor	2016 to Present
American Society of Dentist Anesthesiologists	
Member, ASDA Task Force for Annual John A Yagiela	2013 to Present
Dental Anesthesiology Review Course	
Committee on general assembly meeting minutes approval	05/2016-05/2017
Committee on nominations	05/2017 to Present
Representative to the Dental Match	05/2017 to Present
American Dental Society of Anesthesiology	
Alternate Delegate to the House of Delegates	03/2017 to Present

Lectures by Invitation:

May 3, 2012	“Bronchospasm.” Resident abstract presentation, American Society Dental Anesthesiology Annual Scientific Session, Baltimore, MD. (1 hour)
Jan 6, 2013	“Local and Regional Anesthesia.” Interdisciplinary Pain Course at University of Pennsylvania School of Medicine, Dental Medicine, and Nursing. Philadelphia, PA. (2 hours)
May 31, 2013	“Phase 3 double-blind randomized parallel group study of Intranasal tetracaine/oxymetazoline (Kovanaze) for anesthesia of maxillary teeth.” Poster Presentation. Penn Dental Medicine Annual Research Retreat. Philadelphia, PA (1 hour)
Jun 7, 2013	Peripheral Nerve Block Workshop, University of Pennsylvania, Nurse Anesthesia Program. Philadelphia, PA. (8 hours)
Sept 21, 2013	“Perioperative Anesthetic Management of Patients with HIV/AIDS.” American Society of Dentist Anesthesiologists 2013 John A. Yagiela Review Course, American Society of Dental Anesthesiology. Chicago, IL (1 hour)
Oct 15, 2013	“Nitrous Oxide Sedation.” Predoctoral Anesthesia, Pain, and Emergency Course. University of Pennsylvania School of Dental Medicine. (2 hours)
Nov 11, 2013	Successful Treatment of Severe Intraoperative Bronchospasm. Grand Rounds, University of Pennsylvania School of Dental Medicine. Philadelphia, PA (1 hour)
Nov 12-13, 2013	“Nitrous Oxide/Oxygen Analgesia.” Continuing Dental Education Series, University of Pennsylvania School of Dental Medicine. Philadelphia, PA. (14 hours)
Nov 30, 2013	“Management of Medical Emergencies in the Dental Office.” Greater NY Dental Meeting. NY, NY. (1 hour)

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Lectures by Invitation (Continued):

- Feb 14, 2014 "Management of Medical Emergencies in the Dental Office." Pacific Northwest Gnathologic Study Club. Seattle, WA.(3 hours)
- Mar 14, 2014 "Multimodal Analgesic Approach to Acute Postsurgical Dental Pain." Seminar, Postgraduate Periodontics and Endodontics. University of Washington. Seattle, WA. (2 hours)
- Sept 18, 2014 "Management of Medical Emergencies in the Dental Office." Gig Harbor Endodontics Study Club. Gig Harbor, WA. (2 hours)
- Feb 22-26, 2015 NSAID and Multimodal Management of Acute Postsurgical Pain & Cardiovascular and Respiratory Considerations for Office Based Anesthesia. American Dental Society of Anesthesiology 27th Annual Winter Review Course. Big Sky, MT. (3 hours)
- May 2015 Misconceptions related to the appropriate use of vasoconstrictors for local dental anesthesia. CDE World Article. Available Online. Cdeworld.com
- Aug 2015 Basic Medical Emergencies: Do You Know What's Inside York Kit? CDE World Webinar. Available Online. Cdeworld.com (1 hour)
- Feb28-Mar3,2016 NSAID and Multimodal Management of Acute Postsurgical Pain & Cardiovascular and Respiratory Considerations for Office Based Anesthesia. American Dental Society of Anesthesiology 28th Annual Winter Review Course. Big Sky, MT. (3 hours)
- April 20, 2016 A Needle-Free Approach to Maxillary Anesthesia by an Intranasal Spray of Tetracaine and Oxymetazoline. The Brookdale Hospital Medical Center, Oral and Maxillofacial Surgery Residency Seminar. (1 hour)
- Feb28-Mar3,2017 NSAID and Multimodal Management of Acute Postsurgical Pain & Cardiovascular and Respiratory Considerations for Office Based Anesthesia. American Dental Society of Anesthesiology 29th Annual Winter Review Course. Big Sky, MT. (3 hours)
- Mar 29, 2017 Nitrous Oxide/Oxygen Analgesia. 31st Big Apple Dental Meeting. Mahwah, NJ. (3 hours)
- May 26, 2017 Sedation: What's new? 2017 American Academy of Pediatric Dentistry Annual Scientific Session. Washington, DC (1.5 hours)
- Sept 27, 2017 Sedation Update. Suffolk County Dental Society, Suffolk County, NY (1.5 hours)
- Nov 12, 2017 Oral Health Seminar, Touro Physician Assistant Program, New York, NY (2 hours)
- Nov 19, 2017 Oral Health Emergencies, Touro Physician Assistant Program, New York, NY (2 hours)
- Dec 3, 2017 Oral Health Lab, Touro Physician Assistant Program, New York, NY (2 hours)

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Lectures by Invitation (Continued):

- Feb19-23, 2018 NSAID and Multimodal Management of Acute Postsurgical Pain & Cardiovascular and Respiratory Considerations for Office Based Anesthesia. American Dental Society of Anesthesiology 30th Annual Winter Review Course. Big Sky, MT. (3 hours)
- Mar 3, 2018 Considerations for Management of Patients with Cardiovascular Disease in the Dental Setting. Harcum College: 12th Annual Dental Expo. Bryn Mawr, PA. (3 hours)
- Apr 27, 2018 Diffusing the Polypharmacy TimeBomb: Adverse Drug Interactions for Dentists. The 3rd Biennial Symposium. Rutgers School of Dental Medicine, Newark, NJ (1 hour)
- May 2, 2018 Sedation and Anesthesia Update: Hot Button Topics. New Jersey Dental Society of Anesthesiology, Old Bridge, NJ (7 hours)
- May 16, 2018 Anesthetic Practices in Dentistry: Adults & Pediatrics. University of Pennsylvania School of Dental Medicine. Central Nervous System Pharmacology Lecture, Second-year predoctoral students (2 hours)
- Sept 14, 2018 What's New in General and Local Anesthesia for Pediatric Patients? 12th Annual Feigl Symposium. University of Minnesota School of Dentistry. Minneapolis, MN (1.5 hrs)
- Nov 4, 2018 Oral Health Seminar, Touro Physician Assistant Program, New York, NY (2 hours)
- Nov 4, 2018 Oral Health Emergencies, Touro Physician Assistant Program, New York, NY (2 hours)

Consultantships:

Scientific Advisor to Charleston Labs. Apr 1-2, 2015

Research:

Grant Support:

Comparison of Intranasal Kovanaze Mist, and Placebo for Anesthetizing Maxillary Teeth in Adults, St. Renatus, LLC., PI: Elliot V Hersh, Role: Co-investigator, Jan 2013 –Apr 2013, Direct Costs: \$140,625.

Bibliography:

Original Communications in Reviewed Journals:

- Hersh EV, **Saraghi M**, Moore PA. Response to "Association of Opioid Prescriptions From Dental Clinicians For US Adolescents and Young Adults With Subsequent Opioid Use and Misuse." *JAMA Intern Med*. Accepted for publication: January 7, 2019.
- Hersh EV, **Saraghi M**, Moore PA. The prescription opioid abuse crisis and our role in it. *Gen Dent*. 2018 Jul-Aug; 66(4):10-13.

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Original Communications in Reviewed Journals (Continued):

- Hersh EV, **Saraghi M**, Moore PA. Recent Advances in Local Anesthesia: Intranasal Tetracaine/Oxymetazoline and Liposomal Bupivacaine. *Curr Oral Health Rep.* 2017;4(3):189-96.
- Hersh EV, **Saraghi M**, Lowstetter J, et al. Fluconazole-Warfarin Interaction: A Review and Case Report With Deadly Consequences. *Australasian Medical Journal.* 2017;10(6):544-9.
- Saraghi M**, Hersh EV. Intranasal tetracaine and oxymetazoline spray for maxillary local anesthesia without injections. *Gen Dent.* 2017 Mar-Apr;65(2):16-19.
- Hersh EV, **Saraghi M**, Moore PA. Intranasal Tetracaine and Oxymetazoline: A Novel Approach to Provide Maxillary Dental Anesthesia Without Needles. *Curr Med Res Opin.* 2016 Oct 3:1-7. [Epub ahead of print]
- Hersh EV, Pinto A, **Saraghi M**, et al. Double-masked, randomized, placebo-controlled study to evaluate the efficacy and tolerability of intranasal K305 (3% tetracaine plus 0.05% oxymetazoline) in anesthetizing maxillary teeth. *J Am Dent Assoc.* 2016 Apr;147(4):278-87.
- Saraghi M**, Hersh EV. Authors' response. *J Am Dent Assoc.* 2014 Jun;145(6):524
- Saraghi M**, Hersh EV. Potential diversion of local anesthetics from dental offices for use as cocaine adulterants. *J Am Dent Assoc.* 2014 Mar;145(3):256-9.
- Saraghi M**, Hersh EV. Three Newly Approved Analgesics: An Update. *Anesth Prog.* 2013 Winter;60(4):178-87.
- Golden LG, DeSimone HA, Yeroshalmi F, Pranevicius M, **Saraghi M**. Severe Intraoperative Bronchospasm Treated with a Vibrating-Mesh Nebulizer. *Anesth Prog.* 2012; 59: 123-126.

Review Articles:

- Mousavian MM, **Saraghi M**, Hersh EV. Attention-deficit/hyperactivity disorder: clinical pharmacology and dental implications. *Gen Dent.* 2018 Nov-Dec;66(6):9-11.
- Chmieliauskaite M, Stojanov I, **Saraghi M**, et al. Oral adverse events associated with targeted cancer therapies. *Gen Dent.* 2018 Sep-Oct;66(5):26-31.
- Henry A, Buchbinder W, Chaudhry S, **Saraghi M**, Panchal N. Considerations for the management of patients with generalized anxiety disorder in the dental setting. *Gen Dent.* 2018 Mar-Apr;66(2):10-13.
- Saraghi M**, Golden L, Hersh EV. Anesthetic Considerations for Patients on Antidepressant Therapy - Part II. *Anesth Prog.* 2018 Spring;65(1):60-65.
- Kufta K, **Saraghi M**, Giannakopoulos H. Cardiovascular considerations for the dental practitioner. 2. Management of cardiac emergencies. *Gen Dent.* 2018 Jan-Feb;66(1):49-53.
- Saraghi M**, Golden LR, Hersh EV. Sedation and Anesthesia Considerations for Patients on Antidepressant Therapy – Part 1. *Anesth Prog.* 2017 Winter;64(4):253-261.
- Kufta K, **Saraghi M**, Giannakopoulos H. Review of Cardiovascular Anatomy, Pre-Operative Evaluation, and Management of Medical Emergencies for the Dental Practitioner: Part 1. *Gen Dent.* 2017 Nov-Dec;65(6):50-55.

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Review Articles (Continued):

Hendley TM, Hersh EV, Moore PA, Stahl BI, **Saraghi M**. Treatment of Opioid Overdose: A Brief Review of Naloxone Pharmacology and Delivery. *Gen Dent*. 2017 May-Jun;65(3):18-21.

Saraghi M. Intraoperative Fluids and Fluid Management for Ambulatory Dental Sedation and General Anesthesia. *Anesth Prog*. 2015 Winter;62(4):168-177.

Saraghi M, Hersh EV. Local anesthetic calculations: how to stay out of trouble with pediatric patients. *Gen Dent*. 2015 Jan-Feb;63(1):48-52.

Saraghi M, Badner VM, Golden LR, Hersh EV. Propofol: An Overview of Its Risks and Benefits. *Compend Contin Educ Dent*. 2013 Apr;34(4): 252-8, 260.